MONDAY SCHEDULE

MAKANA FIGHT ACADEMY

4:15 - 5:15PM	Kid's Jiu-Jitsu (GI)
5:15 - 6:15PM	Beginners Wrestling
6:15 - 7:15PM	Advanced Wrestling
7:15 - 8:30PM	Jiu-Jitsu (GI)



TUESDAY SCHEDULE

MAKANA FIGHT ACADEMY

4:15 - 5:15PM	Kid's Wrestling
5:15 - 6:15PM	Beginners Wrestling
6:15 - 7:15PM	Advanced Wrestling
7:15 - 8:30PM	Jiu-Jitsu (GI)

WEDNESDAY SCHEDULE

MAKANA FIGHT ACADEMY

4:15 - 5:15PM	Kid's Jiu-Jitsu (GI)
5:15 - 6:15PM	Beginners Wrestling
6:15 - 7:15PM	Advanced Wrestling
7:15 - 8:30PM	Jiu-Jitsu (NOGI)

THURSDAY SCHEDULE

MAKANA FIGHT ACADEMY

4:15 - 5:15PM	Kid's Wrestling
5:15 - 6:15PM	Beginners Wrestling
6:15 - 7:15PM	Advanced Wrestling
7:15 - 8:30PM	Jiu-Jitsu (GI)

FRIDAY SCHEDULE

MAKANA FIGHT ACADEMY

5:00-6:00PM	Kid's Jiu-Jitsu (NOGI)
7:15-8:30PM	Jiu-Jitsu (NOGI)